



# PARENTS' GUIDE TO Student Success

## 1ST GRADE

This guide provides an overview of what your child will learn by the end of 1st grade in mathematics and English language arts/literacy. It focuses on the key skills your child

will learn in these subjects, which will build a strong foundation for success in the other subjects he or she studies throughout the school year. This guide is based on 1st Grade. If your child is meeting the expectations outlined in these standards, he or she will be well prepared for 2nd grade.

### WHY ARE ACADEMIC STANDARDS IMPORTANT?

Academic standards are important because they help ensure that all students, no matter where they live, are prepared for success in college and the workforce. They help set clear and consistent expectations for students, parents, and teachers; build your child's knowledge and skills; and help set high goals for all students.

Of course, high standards are not the only thing needed for our children's success. But standards provide an important first step — a clear roadmap for learning for teachers, parents, and students. Having clearly defined goals helps families and teachers work together to ensure that students succeed. Standards help parents and teachers know when students need extra assistance or when they need to be challenged even more. They also will help your child develop critical thinking skills that will prepare him or her for college and career.

### HOW CAN I HELP MY CHILD?

You should use this guide to help build a relationship with your child's teacher. You can do this by talking to his or her teacher regularly about how your child is doing — beyond parent-teacher conferences.

At home, you can play an important role in setting high expectations and supporting your child in meeting them. If your child needs a little extra help or wants to learn more about a subject, work with his or her teacher to identify opportunities for tutoring, to get involved in clubs after school, or to find other resources.

### THIS GUIDE INCLUDES

- An overview of some of the key things your child will learn in English/literacy and math in 1st grade
- Ideas for activities to help your child learn at home
- Topics of discussion for talking to your child's teacher about his or her academic progress

# English Language Arts & Literacy

In 1st grade, your child will become a more independent reader and writer. Your child will continue to learn and practice rules for recognizing the sounds that make up words and will be able to sound out more complex words. Such foundational skills are necessary and important components of developing proficient readers with the capacity to comprehend a wide range of materials. Students will learn to think about what they read and talk about the main ideas of simple stories. As they write and speak, 1st graders will learn to use language appropriately; this includes using complete sentences and spelling words with increasing accuracy.

## A Sample of What Your Child Will Be Working on in 1st Grade

- Using phonics (matching letters and sounds) and word analysis skills to figure out unfamiliar words when reading and writing
- Describing characters, settings, and major events in a story, using key details
- Getting facts and information from different writings
- Writing about a topic, supplying some facts, and providing some sense of opening and closing
- Participating in shared research and writing projects (e.g., exploring a number of “how-to” books and using them to write a sequence of instructions)
- Taking part in conversations about topics and texts being studied by responding to the comments of others and asking questions to clear up any confusion
- Describing people, places, things, and events with relevant details, expressing ideas and feelings clearly and with complete sentences
- Producing and expanding complete simple and compound statements, questions, commands, and exclamations
- Identifying the correct meaning for a word with multiple meanings, based on the sentence or paragraph in which the word is used (e.g., deciding whether the word *bat* means a flying mammal or a club used in baseball)
- Learning to think about finer distinctions in the meanings of near-synonyms (e.g., *marching*, *prancing*, *strutting*, *strolling*, *walking*)

### Talking to Your Child's Teacher

#### Keeping the conversation focused.

When you talk to the teacher, do not worry about covering everything. Instead, keep the conversation focused on the most important topics. In 1st grade, these include:

- Reading grade-level text with understanding and fluency
- Learning from, enjoying, and getting facts from books he or she reads and listens to

Ask to see a sample of your child's work. Ask the teacher questions such as: Is this piece of work satisfactory? How could it be better? Is my child on track? How can I help my child improve or excel in this area? If my child needs extra support or wants to learn more about a subject, are there resources to help his or her learning outside the classroom?

In 1st grade, your child will build on last year's work and gain important new skills. One of the most important outcomes for the year is to improve speed and accuracy adding with a sum of 20 or less and subtracting from a number 20 or less (e.g.,  $17 - 8$ ). Another important goal in 1st grade is adding with a sum of 100 or less; this will rely on understanding what the digits mean in a number such as 63 (namely, 63 is six tens and three ones). Working with multi-digit addition this year will set the stage for 2nd grade, when your child will be working with three-digit numbers and adding and subtracting with larger numbers.

## A Sample of What Your Child Will Be Working on in 1st Grade

- Solving addition and subtraction word problems in situations of adding to, taking from, putting together, taking apart, and comparing (e.g., a taking from situation would be: "Five apples were on the table. I ate some apples. Then there were three apples. How many apples did I eat?")
- Adding with a sum of 20 or less, and subtracting from a number 20 or less, for example by using strategies based around the number 10 (e.g., to solve  $13 - 4$ , one can start with 13, subtract 3 to reach 10, and then subtract 1 more to reach 9)
- Quickly and accurately adding with a sum of 10 or less, and quickly and accurately subtracting from a number 10 or less (e.g.,  $2 + 5$ ,  $7 - 5$ )
- Understanding what the digits mean in two-digit numbers (*place value*)
- Using understanding of place value to add and subtract (e.g.,  $38 + 5$ ,  $29 + 20$ ,  $64 + 27$ ,  $80 - 50$ )
- Measuring lengths of objects by using a shorter object as a unit of length
- Making composite shapes by joining shapes together, and dividing circles and rectangles into halves or fourths

### Keeping the conversation focused.

When you talk to the teacher, do not worry about covering everything. Instead, keep the conversation focused on the most important topics. In 1st grade, these include:

- Adding with a sum of 20 or less and subtracting from a number 20 or less (this will not be written work; ask the teacher for his or her observations of your child's progress in this area)
- Using understanding of place value to add and subtract
- Solving addition and subtraction word problems

Ask to see a sample of your child's work. Ask the teacher questions such as: Is this piece of work satisfactory? How could it be better? Is my child on track? How can I help my child improve or excel in this area? If my child needs extra support or wants to learn more about a subject, are there resources to help his or her learning outside the classroom?



Talking to  
Your Child's  
Teacher

# Help Your Child Learn at Home

Learning does not end in the classroom. Children need help and support at home to succeed in their studies. Try to create a quiet place for your child to study, and carve out time *every day* when your child can concentrate on reading, writing, and math uninterrupted by friends, brothers or sisters, or other distractions.

You should also try and sit down with your child at least once a week for 15 to 30 minutes while he or she works on homework. This will keep you informed about what your child is working on, and it will help you be the first to know if your child needs help with specific topics. By taking these small steps, you will be helping your child become successful both in and outside the classroom.

Additionally, here are some activities you can do with your child to support learning at home:

## English Language Arts & Literacy

- Encourage your child to read to you books such as *Little Bear* by Else Holmelund Minarik. Help him or her sound out difficult words. To find more books for your child to read, visit [www.corestandards.org/assets/Appendix\\_B.pdf](http://www.corestandards.org/assets/Appendix_B.pdf).
- Act out stories together from books, television, or your child's imagination.
- Pick a "word of the day" each day starting with a different letter. Have your child write the word and look for other things beginning with the same letter.
- Visit the library with your child every week. Have your child sign up for a library card.

## Mathematics

Look for "word problems" in real life. Some 1st grade examples might include:

- If you open a new carton of a dozen eggs, and you use four eggs to cook dinner, close the carton and ask your child how many eggs are left.
- While putting away toys into bins, count the number of toys in two bins and ask your child how many more are in one bin compared to the other.
- Play the "I'm thinking of a number" game. For example, "I'm thinking of a number that makes 11 when added to 8. What is my number?"

For more information, the full standards are available at [www.corestandards.org](http://www.corestandards.org).



Illinois  
State Board  
of Education



National PTA  
1250 N Pitt Street  
Alexandria, VA 22314  
Toll-Free: (800) 307-4PTA (4782)  
PTA.org • [info@pta.org](mailto:info@pta.org)